

CYPE(5)-15-20 – Paper to note 1

Additional information from NSPCC following the meeting on 18 May

Provide a note about the trends/ data regarding the increases in our helpline contacts

1. Our adult HL has seen a change in calls after lockdown, compared to before lockdown:

Concerns about emotional abuse of children increased from 10-15% (50%incr)

Parental/ adult health/ behaviours has increased from 19-24%

Physical abuse from 12-14%

Family relationship problems from 5-7% (pre-lockdown this was not in top 5)

2. Childline is a service children turn to of their own volition, where we are really hearing children's voices. There has been a weekly increase in counselling sessions delivered in the first 5 weeks of lockdown.

The proportion of counselling sessions about MH, suicidal thoughts and feelings and family relationships has all increased significantly since lockdown.

There has been a significant increase in counselling about abuse compared to before lockdown.

Counselling for physical and emotional abuse has significantly increased, whereas counselling for sexual abuse has decreased.